



Health and Joy in Zimbabwe because of YOU



Healing and Hope

MISSION DOCTORS ASSOCIATION

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Thank you

April 2017

Mary travelled for days to be seen at St. Theresa's Hospital in rural Zimbabwe. She was 5'2" and weighed only 65 pounds. When she arrived, Mission Doctor, Richard Stoughton diagnosed her with advanced stage four AIDS.

Despite her advanced stage and the distance she would have to travel for follow-ups, Dr. Stoughton started her on anti-retroviral drugs. At first Mary's condition worsened, but she was eventually able to return home. Over a year later she visited Dr. Stoughton, unrecognizable, at 130 pounds and the picture of health.

Mary, and thousands like her are able

to get the lifesaving care they need because of a unique partnership Mission Doctors has with St. Theresa's Hospital in rural Zimbabwe you make possible.

Situated in a rural poor farming community in Zimbabwe, St. Theresa's Hospital is an oasis of hope. This small 80 to 90-bed hospital run by the Dominican sisters serves about 50,000 people in the area. Many of the patients walk 10 to 15 miles (often a day-long or two day trip) to be seen at St. Theresa's Hospital.

The history of Zimbabwe, once called Rhodesia, has been difficult, and has left the country impacted with... (continued on page 3)

Doctors on Call for Doctors in the Field



Often times while serving our Mission Doctors run into a case where having specialist's opinion would be very helpful. For family practice physician providing care for a young patient with a rare skin condition, an e-mail from a dermatologist made all the difference.

We are working to establish a cadre of physicians in various specialties willing to act as consultants to physicians on mission via e-mail, telephone or video conference.

The time commitment will be based upon your availability, the amount of time you may have available, and the requests from the doctors serving.

If you are interested in serving in this important way from home, sign up to receive questions from our dedicate short and long-term mission doctors. Your expertise can save a life and provide support to Mission Doctors in the field. Contact Elise Frederick, efrederick@missiondoctors.org, to be part of this team of home physicians.

A Great Time for a Great Cause Thank you for making this night such a huge success!



Over 70,000 for Mission Doctors in one night!

Friends and supporters from across the country joined us to celebrate the lifesaving work of Mission Doctors at the City Club, Los Angeles. Attendees enjoyed fine food, drinks, dancing and amazing city views all while supporting Mission Doctors.



Mission Doctors' Executive Director, Elise Frederick, shared "Thank you for your support in both patron donations and event tickets, your support saves lives. And, a big thank you to the wonderful hardworking members of the Benefit Committee! This elegant evening would not be possible without these dedicated women and men."

Did you miss this year's Heart for the World Gala? We are making plans for 2018. Stay tuned.



If you made it to the City Club, we shared a slide show of the night on our website. Visit our website and see if you made it on the website.

You Provide an Oasis of Hope (continued)

challenges in shortages of resources and access to healthcare. Mission Doctors Association has been part of this history for many, many years, even before independence. Today, Dr. and Mrs. Stoughton continue to lead the efforts to keep St. Theresa's Hospital, in central Zimbabwe, open.

We asked veteran Mission Doctor, Dr. Richard Stoughton to tell us about this lifesaving partnership. Dr. Richard and Loretta Stoughton served at St. Theresa Hospital in Zimbabwe from October 2001 to July 2009. They also were in Rhodesia (ne Zimbabwe) with their family from July 1970 to December 1975. Richard continues to raise funds to help the hospital to continue to function at a high level in spite of tremendous difficulties within the country.

Dr. Stoughton shared that “most of the patients are subsistence farmers, although there are many who come from small business villages and some from larger towns. The very rural people live mostly in round African huts with thatched roofs, live some distance from a clean water source, and only about half will have a latrine of any sort, and of course, no electricity.”

“Your donations are able to help people all over the developing world obtain quality health care. There are many, many needs for charitable donations, but few organizations see that the money gets directly to the receiving organization as well as Mission Doctors does.”



St. Theresa's Hospital sees a wide mixture of medical problems like all mission hospitals, but because of the support of people like you, it has an effective AIDS treatment and prevention program. This program has greatly reduced the number of active AIDS patients and those newly diagnosis.

Dr. Stoughton wanted to share a message with you, Mission Doctors donors; “Your donations are able to help people all over the developing world obtain quality health care. There are many, many needs for charitable donations, but few organizations see that the money gets directly to the receiving organization as well as Mission Doctors does.”



The Stoughton family, friends and supporters continue to make it possible for this hospital to be there for the community, and to have the needed resources in both medication and personnel.

To those who have made this work possible, you may never know the tremendous difference you are making in the lives those served here, so on their behalf, we again say “Thank you!”

Thank you

for being
our partner in love and hope.



Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word; always doing the smallest right and doing it all for love.

St Thérèse of Lisieux
Patroness of the Missions

Upcoming Events

April 7-9, 2017: Retreat/Seminar

Doctors and their spouses considering short-term service are invited to attend the annual Retreat/Seminar at Loyola Marymount University. The weekend includes opportunities to hear from veteran Mission Doctors, learn about the various options Contact our office for more details.

April 28-30, 2017: Discernment Weekend

Doctors and their spouses interested in long-term (3 year) service with MDA are invited to a Discernment Weekend at our Mission House. The weekend provides an opportunity to meet with the formation team and learn about current service sites and discuss the joys and challenges of mission life. Contact our office for more information.



MISSION DOCTORS ASSOCIATION

Following Christ's call to heal the sick,
Mission Doctors Association
provides lifesaving medical care for the poor
and training for local healthcare professionals
around the world.

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