

MISSION DOCTORS ASSOCIATION

STATIONS OF THE CROSS

PRAY & REFLECT



As we reflect this lent on the journey of Jesus, may it
deepen our faith and help us recognize our need to
deepen our connection to God and connect to our
sisters and brothers in service.

STATIONS OF THE CROSS

2

I JESUS IS CONDEMNED TO DEATH

Who stood with you Jesus in this moment? Did anyone speak of their relationship or was it fear that kept them from acting?

Will we stand with Jesus today, by serving those in need, will we let fear keep us apart? Strengthen our faith in you, oh Lord.

II JESUS TAKES UP HIS CROSS

The weight and burden of the cross placed upon your shoulders, Jesus, you begin the path that will lead to your death on the very cross you carry.

Is the cross carried by those in need, the poverty and illness, weighted down by my indifference? Lead me to see you in all your children, oh lord.

III JESUS FALLS FOR THE FIRST TIME

Jesus, you stumble and fall under the heavy cross, yet others watch you struggle now to stand and continue your way.

I stumble too in doing what I know you are calling me to do, Lord. Strengthen me for the journey that I may rise up to be of service to others.

IV JESUS MEETS HIS MOTHER

The “yes” of your mother Mary could not have foreseen this pain, yet, she too continues to embrace what is being asked of her as she meets you in this indescribable moment.

I want to turn away from pain, but you are calling me Lord to meet you in the suffering of your children today. Give me the grace to be present for your sons and daughters.



V SIMON HELPS JESUS CARRY THE CROSS

To be the one asked to help carry some of the weight of your cross Jesus, Simon was blessed.

What cross am I being asked to help with? Is it a child in Ghana, or new mother in Peru? Give me the courage Lord to help carry the cross of others.

VI VERONICA WIPES THE FACE OF JESUS

Stepping forward moved by compassion, Veronica tries to alleviate your suffering in a small modest way, yet her kindness is spoken of through the ages.

What little steps can I take today to show compassion to the suffering? Help me recognize the moment when I too can step forward with kindness.

VII JESUS FALLS FOR THE SECOND TIME

You stumble and fall again, dear Jesus. Suffering and tired, yet you stand again and press on.

Overcome by the crosses they bare, many give in to despair. Show me Lord how my words or actions can give hope to help another stand again and continue on their life journey.



VIII JESUS MEETS THE WOMEN OF JERUSALEM

They know you, have listened to your teachings and believe. Now they see you suffering Jesus, with no way to alleviate your pain.

Sometimes there is nothing I can do to reduce another's suffering and I feel helpless. *Help me stand in witness and give me the faith to not shrink from a connection with those who suffer.*

IX JESUS FALLS FOR THE THIRD TIME

Exhausted, the weight of the cross, the thorns of the crown, is too much, and dear Jesus, you fall a third time.

When I am overcome, help me remember that you too, Jesus, fell under the weight of your cross. *When exhausted, remind me that it is my connection to you Lord, that will give me strength.*

X JESUS IS STRIPPED OF HIS GARMENTS

With little left to take from you, now even your robe, Jesus is stripped and you stand even more vulnerable.

Help me see you Jesus in those who, like you, are vulnerable. *Let my actions work to restore the dignity of those waiting for me to respond, to care, to connect, to serve.*

XI JESUS IS NAILED TO THE CROSS

Unimaginable pain with the fall of the hammer, over and over again. You are forever connected to this cross, this suffering, this sacrifice, for my redemption, Jesus.

Your children Lord, my brothers, and sisters, both close and around the world, suffer in ways I cannot imagine. *Open my heart to see and respond to their needs.*



XII JESUS DIES ON THE CROSS

Your last breath, Jesus, now spent. The short life of God's son ends, but this is only the beginning. Your words and sacrifice will echo through the ages and in three days, you will rise to give us new life.

The day will come when I too breathe my last breath. Help me live a life that is a witness to your life and sacrifice each day.

XIII JESUS IS TAKEN DOWN FROM THE CROSS

Removed from the cross Jesus, your body is lifeless, yet your spirit eternal, God of the Trinity, be with me when I too leave this world's crosses behind. So many suffer and die unseen, give me the grace to mourn those who die, to support those who mourn, and to prepare for my own death that I may be united with you.

XIV JESUS IS LAID IN THE TOMB

So much of what you taught Jesus is not understood yet by your followers. Some left the tomb discouraged, losing hope, despite what they had heard and witnessed "whoever lives by believing in me will never die." Strengthen my faith in you, Jesus, that in my words, I can encourage and serve your children, Lord, as a sign of hope in eternal life.

THE ANGEL SAID TO THE WOMEN,
"DO NOT BE AFRAID, FOR I KNOW THAT
YOU ARE LOOKING FOR JESUS, WHO WAS
CRUCIFIED. HE IS NOT HERE; HE HAS RISEN,
JUST AS HE SAID. COME AND SEE THE
PLACE WHERE HE LAY."

MATTHEW 28:5-6

Please remember Mission Doctors in your prayers. Since 1959, Mission Doctors have served to provide direct patient care for patients of all faiths and training for local health professionals at Catholic Mission Hospitals. In doing so, they recognize Jesus in their patients and serve in response to their own faith.



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